

RESOURCES FOR MILITARY-CONNECTED FAMILIES

West Springfield Elementary School – [Military Families](#)

[WSES School Wellness Team](#):

- Military & Family Life Counselor: Caroline Miller – millerc5@magellanfederal.com
- School Counselor, Grade 3-6: Kimberly O'Connor - koconnor@fcps.edu
- School Counselor, Grades K-2: Jill Wolverton - jgwolverton@fcps.edu
- School Social Worker: Jen Lynch - jblynch@fcps.edu
- School Psychologist: Monica Holtz - mkholtz@fcps.edu
- Family Liaison: Karen Lathrop - klathrop@fcps.edu

Fairfax County Public Schools (FCPS) – [Military Families](#)

- Meredith Ayala (FCPS Family Partnerships Specialist/Military Liaison) - mlayala1@fcps.edu

[FCPS Family Resource Center](#) (provides information and resources to support the success of all students)

Resources available specific to military-connected families include:

- Digital Resources: [Military Families Padlet](#)
- Webinars: [Military Families Webinars](#)

Fort Belvoir Resources

[Army Community Service](#) (develop, coordinate, and deliver services to support Ft. Belvoir community)

Programs Include:

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| - Exceptional Family Member Program | - Relocation Assistance Program |
| - Financial Readiness Program | - Solider and Family Assistance Center (SFCA) |
| - Army Emergency Relief | - Family Advocacy Program |
| - Employment Readiness Program | - Military & Family Life Counselors |

[Child and Youth Services](#) (including childcare info and camps)

[Family Advocacy Program \(FAP\)](#) (provides seminars, workshops, and counseling to strengthen resiliency of military families)

[Family and Morale, Welfare and Recreation](#) (information on family and child recreational activities available on base)

[Parent Center Services](#)

[School Support Services](#)

9800 Belvoir Road, Building, 200, Fort Belvoir, VA 22060-556
703-805-3436/1350

- POC: Marie Pharnice Bailey - pharnice.m.bailey.naf@army.mil

LOCAL RESOURCES

[Ft. Myer/Henderson School Support Services](#)

[Blue Star Families](#) – National Capital Region Chapter

- Julie Riggs (Blue Star Families NCR Chapter Director) - dc@bluestarfam.org

Northern Virginia Regional Commission

(Guide to select agencies that provides frequently requested human services in Northern Virginia)

Parent Educational Advocacy Training Center (PEACT)

Provides services and support to families of children with disabilities in Virginia with a central focus on families who are navigating the special education and disability service system

Tricare/Humana (East Region)

Virginia Parent Teacher Association – [Military Families](#)

USO – [National Capital District](#)

24/7 Domestic Violence Hotline: 703-229-2374

National Resources

Military Interstate Compact (information on policies affecting military students that address educational transitions)

Military One Source

800-342-9641

- **Exceptional Family Member Program** (managing the care and services for family members with special needs)
- **Military One Source Specialty Consultations** (provides support from professionally trained consultants by phone on a broad range of issues for service members and their families)

Partners in Promise (Protecting the Rights of Military Children in Special Education)

Military Child Education Coalition (MCEC)

- **School Quest** from MCEC (support for managing student academic life)

Military Kids Connect (provides access to age-appropriate resources to support military children ages 6-17 dealing with the unique psychological challenges of military life)

Sesame Street for Military Families (*Talk, Listen, Connect* workshops and resources on challenges military families and children encounter)

THRIVE (free online modules for information and resources on positive parenting, stress management and healthy lifestyle practices)

MilitaryChildCare.com (DoD-approved childcare options worldwide)

Military Spouse Employment Partnership

Tutoring (free tutoring services for military and their families)

National Military Family Association – [Operation Purple Camps](#)

BLOOM (organization to empower and connect military teenagers)